

Lancaster Integrated Care Community - Community Support Bulletin - updated - 21.04.20 - 5pm

please note we are not promoting individual organisations or businesses, just collating offers received or being shared on social platforms

Organisation/Company Name	Community Offer	Contact Details
Food/Grocery's		
Lancaster City Council Emergency Food Team	For vulnerable people who need emergency food. Individuals cannot refer themselves, they need to be referred by one of the foodbank partners. See the website to find out who the partners are. Churches, charities etc can also sign up to become a referring agency.	www.lancasterdistrictcovid19.org.uk 01524 582000 - Mon-Fri - 9am-4pm Sat/Sun - 10am-3pm for advice/help
Eggcup Food Club (membership required)	£3 per week for a bag of good quality surplus food in addition to eggs, milk and bread. Currently collection points at St Chads Church Ryelands, Stanley Road Baptist Church Morecambe, Marsh Community Centre, Giant Axe car park West Road Lancaster	To become a member call Rachel on 07780 487 117 or fill in the on-line form: https://www.eggcup.org/vacancies/membership/
Gills Pantry, Bare Lane	Hot food delivered daily to local pensioners and those most vulnerable, open 8am-1pm.	01524 832281
Seaborn Road Store, Bare - Londis	Home deliveries to Bare area of papers and all groceries.	01524 424411
Lotties Catering Co	Homemade single or batch meals delivered to your door to reheat, takeaway nights. For availability see Facebook	07771 652823 Facebook: Lottie's Catering Co Email: lottie@lottiescateringco.com
Westgate Frozen Foods	Will deliver all meats to Lancaster, Galgate and surrounding areas.	01524 752776 - 07880 705360 - 07737 861436
Gregory Williams Butchers Lancaster	Home deliveries to Lancaster, Morecambe & Heysham for anyone self-isolating.	01524 32250

Cornvale Fine Foods	Home delivery of groceries, meat and fresh produce (fruit, salad, veg). Order forms can be found on the website, open 8am-4pm, currently delivering to the area around Cornvale.	015242 22420 sales@cornvalefoods.co.uk Facebook: Cornvale Fine Foods https://cornvalefoods.co.uk/
Wiltshire Farm Foods	National frozen meals home delivery company, priority helpline for the Extremely Vulnerable	0800 077 3100 www.wiltshirefarmfoods.com Dedicated phone line for those contacted by the NHS as Extremely Vulnerable ONLY - 0800 046 5614
Oakhouse Foods	National deliverer of frozen foods, now accepting new customers	0330 031 7705 https://www.oakhousefoods.co.uk/
Sands Milk	Free home delivery of milk, juice and dairy products to Lancaster, Slyne, BLS, Carnforth, Kellets.	01524 941818 07415 727727 sandsmilk@hotmail.com Facebook: Sands Milk
Althams Butchers Westgate	Home delivery of meat packs - gammon, steak, mince, sausage, chicken, ham.	01524 958476
Brookhouse Store & Post Office	Contact the shop if you need a home delivery (Brookhouse only).	Text: 07405 189369 or 07540 538694
Bare Lane News	Newspaper deliveries to home or business (Bare, Torrisholme, Morecambe areas).	01524 410662
Dewlay Cheese	Stay at Home cheese boxes, small £15, family sized £50, next day delivery, pay online.	01995 602335
Single Step	Vegetarian, not for profit COOP, phone orders, over the phone card payments, delivery to LA1 postcodes for most vulnerable.	01524 63021 Email: enquiries@singlestep.org.uk Facebook: Single Step

Happy Hens	Eggs, milk, butter, cream, bread, Juice, delivered to your door in Lancaster, Morecambe and surrounding areas.	01524 68592 07725 752170 or 07999 066383
Parsley Box	National ready meal provider - cupboard stored, no need for fridge/freezer. Now accepting new customers	0800 612 7225 www.parsleybox.com
Chefs Catering Northwest	Home delivery of hot food. Free delivery to Middleton & Heysham, but small delivery charge to Morecambe, Bolton Le Sands, Lancaster, Nether Kellet, Overkellet, Carnforth.	07584 855036 Facebook: Chef's Catering Northwest Email: enquiries@chefscatering-northwest.uk
Kanteena, Lancaster	Takeaway and beer deliveries to your door.	01524 35381 www.kanteena.co.uk/kan-deliver
The Olive Branch	Food Bank available to anyone unable to buy food for themselves, please contact for advice/more details.	01524 555715 - 07572 577426 Email: info@the-olivebranch.org.uk
Morecambe Food Bank	The centre is closed but is still very much in operation. Referrals for food vouchers can still be made via Citizens Advice.	01524 400404
Carnforth Food Bank	Requests should be made through a key worker or other professional	07853 424127 (messages picked up regularly)
Londis, Slyne	Local home deliveries, text to order, cash only.	07586 769158
Nisa, Heysham	Home deliveries for housebound, elderly and vulnerable. Phone between 9am-11am with min £20 order, same day delivery. £2.50 delivery charge, deliveries to Heysham, Middleton, Overton only.	07398 109321

Coastal Road Hest Bank Spar	Home deliveries of locally sourced meat, fruit & veg. Minimum order £25. Prior payment by card on phone.	Email: Danlowe205050@gmail.com
Billys Eggs	Home deliveries on a Thursday to Lancaster, Morecambe, Heysham and Carnforth of eggs, butter, cheese, honey, jams, pickles.	07784 933630 Facebook: Billyseggs123
The Port of Lancaster Smokehouse	Fresh fish and meat deliveries (free delivery if local).	01524 751493 www.lancastersmokehouse.co.uk
Countrystyle Meats Farmshop	Offering click and collect or home delivery. Call between 9-12 noon to place order.	01524 841111 - Facebook: Countrystyle Meats Farmshop www.countrystylemeats.co.uk
The Mad Hunter	Takeaway deliveries to Lancaster & surrounding areas. Phone or Facebook inbox your order. Available Friday & Saturdays 5.30-9.30pm	07747 031406 Facebook: The Mad Hunter Lancaster
Skerton Food Club, Melbourne Club	Food Club is still running, Wednesdays 2pm, back door, £3, bring correct money, no smoking or vaping, please do not go if you or anyone in your household is symptomatic of Covid 19, queue 2 metres apart.	
Lancaster Brewery	Home deliveries Mon-Fri on bottled beers and cider (free delivery on orders over £35 within a 35 mile radius).	Email: sales@lancasterbrewery.co.uk

Booths	<p>Priority hours for keyworkers with ID 7-8am & 8-9pm (7-8pm in Kendal) Mon-Sat and 9-10am Sunday Exclusive shopping hours for vulnerable/elderly shoppers - 9.30am-11am - Mon-Fri. Free home delivery within 3 mile radius of stores available for those unable to shop or have someone shop for them. If someone is shopping for you, you can order and pay online so they can just collect OR they can shop in store and then ring you to take payment. Pet food, gluten free and ready meal food boxes all available.</p> <p>Click and Collect now available over selected range, £3 charge, either collect in store or it can brought out to your</p>	<p>0800 2218086 www.booths.co.uk https://www.booths.co.uk/home-delivery/</p> <p>https://everyday.booths.co.uk</p>
Iceland	<p>Online ordering continuing as normal with some restrictions on quantities. Lancaster open 9am-5pm Mon - Sat (NOT as advertised on website) 9-10am = vulnerable/elderly, 4-5pm = NHS with official NHS ID. Morecambe open 9am-6pm Mon - Sat, 9-10am = vulnerable/elderly, 4-5pm = NHS with official NHS ID.</p>	<p>www.iceland.co.uk Lancaster: 01524 67277 Morecambe: 01524 419403</p>
Tesco (large stores not express stores)	<p>Exclusive shopping hours, Mon, Wed, Fri, 9-10am for vulnerable and elderly customers.</p>	
Sainsbury's	<p>Lancaster & Morecambe: 8am-8pm Mon-Sat, Mon & Wed & Fri 8-9am = elderly, disabled & carers, Mon-Sat 7.30-8am = NHS/Social Care with ID Sunday is Lancaster 11am-5pm, Morecambe 10am-4pm Sainsbury's Local open as normal with no restrictions</p>	<p>Lancaster: 01524 388488 Morecambe: 01524 892800</p>

Asda	Lancaster & Morecambe: 8am-10pm Mon-Sat, 10am-4pm Sun Mon & Wed & Fri 8-9am and Sun 9-10am (browsing) = NHS/Carers hour	Lancaster: 01524 580780 Morecambe: 01524 300300
Tesco	Carnforth: 8am-10pm Mon-Fri, 8am-9pm Sat, 10am-4pm Sun Mon & Wed & Fri 8-9am = priority for elderly & vulnerable Tues & Thurs 9-10am & Sun 9-10am (browsing) = NHS with ID	0345 677 9837
Morrisons	Morecambe: 7am-8pm Mon-Sat, 9.30am-4pm Sun Mon-Sat 6-7am & Sun 9-9.30am = NHS with ID	01524 412618
Aldi	Lancaster, Morecambe & Carnforth: 8am-10pm Mon-Sat, 10am-4pm Sun. Opening 30 mins early for over 70's and vulnerable on Mon-Sat. Priority access in queues & access from 9.30am on Sunday for the following keyworkers - NHS, Police, Fire Service, Blue Light Card groups including Social Care Workers, First Responders, St John's	
Lidl	Lancaster & Morecambe: Mon-Sat 8am-10pm Sun 10am-4pm	
Marks & Spencers	Lancaster - Food Hall only: 9am-6pm Mon-Fri, 8.30am-6pm Sat, 10.30am-4.30pm Sun Mon & Thurs 9-10am = older & vulnerable customers Tue & Fri 9-10am = NHS, Health & Social Care Workers	01524 64712

Lancaster District Homeless Action	The Centre on Edward Street is unfortunately now fully closed.	
Greenlands Butchers	Home delivery between Kendal & Lancaster, see Facebook page for info	Facebook: Greenlands Butchers
Aspect Bar & Bistro	Takeaway Afternoon Tea & Bistro Menu - 7 days a week & the Easter Weekend. Order before 5pm for next day delivery	http://www.bfhotels.com/aspect-cocktail-bar-bistro/ 01524 416404
George Speight & Sons Ltd	Community, Street & Home Deliveries of fruit & veg, dairy & meat. Call between 6.30am and 12noon for next day free delivery. DO NOT leave an answer machine message, just keep trying.	Facebook: George Speight & Sons Ltd 01524 64245
Accidental Brewery	Operating a local home delivery service, Thurs - Sat	Facebook: Accidental Brewery https://shop.accidentalbrewery.com/
Whitewells Catering	Home deliveries of food & drink to LA1 to LA7 postcodes, weekdays only. Order before 2pm for next day delivery. If order is £20 + delivery is free otherwise there is a £2 donation towards delivery costs.	https://shop.whitewellsLtd.co.uk
Filbert's Bakery, King Street, Lancaster	Shop still open for fresh bread and treats (sorry unable to take pre-orders due to high demand). If you are self isolating or working as NHS frontline staff they have volunteers who can deliver.	Facebook: Filbert's Bakery 07804 515706
Babar Elephant	Indian takeaway food available, order before 1pm for collection between 4.30pm-9.30pm. Collection will be subject to social distancing guidelines.	01524 388670 Facebook: Babar Elephant at Lancaster

Royal Station Hotel, Carnforth	Takeaway for collection, menus on Facebook, trial until Sunday 19th April	01524 733636 - to place order Facebook: Royal Station Hotel Carnforth
The Royal, Morecambe	Takeaways in the evenings and Sunday lunchtime, menus on Facebook	01524 416668 The Royal, Morecambe Facebook:
Single Step Wholefoods	A vegetarian, not-for-profit worker's co-op. Delivery of fruit, veg, pantry, bread-baking and chilled boxes. Order forms on the website. Free collection & £5 delivery in the LA1 area only.	enquiries@singlestep.org.uk 01524 63021 http://singlestep.org.uk/ Facebook: Single Step
mia.mio	Gelato Home Delivery - on Tuesdays and Fridays. Fill in the order form on the website. Free delivery to Lancaster, Morecambe and surrounding areas. Dairy free options	Facebook: mia.mio https://www.miamio.co.uk/home-delivery
Hodgeson's Chippy, Lancaster	re-opening Weds 22nd April for Click & Collect and Deliveries	01524 67763 Facebook: Hodgson's Chippy
Allsorts Cheaper 4u, Morecambe	Discount food and toiletries. Free delivery on for over £20 (£2.50 under) in the Morecambe, Lancaster, Heysham area. Price list & delivery days on Facebook, send a private message on Facebook with order and full address plus tel number.	Facebook: Allsorts Cheaper4u

* At the date at the top of this document all of the above are still open/offering services as described, please note things change daily, we will try to keep this sheet as up to date as possible.