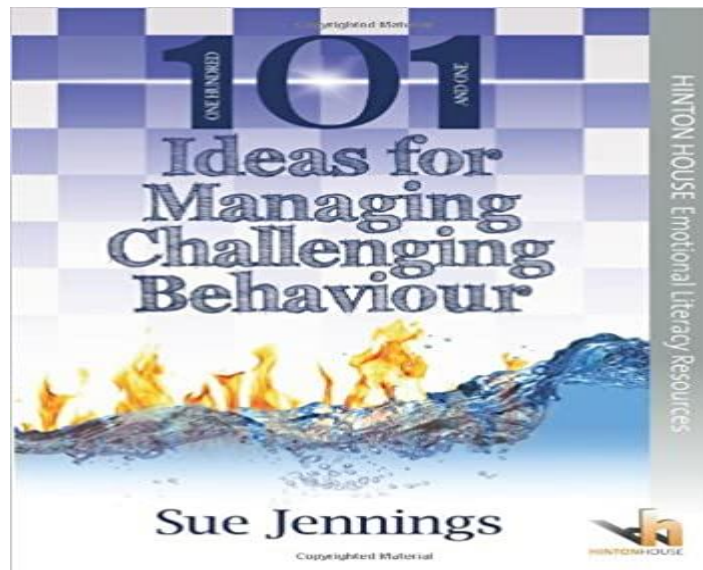




101 Ideas for managing challenging behaviour



101 creative activities and ideas to help young people to address issues of challenging behaviour ranging from low-level disruption to more extreme aggression, including attention-seeking; aggressive behaviour; verbal & physical abuse and disruptive groups.

This book is structured around the idea of the Hero's Journey, a creative approach that enables an exploration of the journey through life. The concept of the journey allows young people to examine ideas and themes such as facing up to challenges and coping with change.

Through the activities young people will be helped to address issues of self-esteem, empathy, managing emotions and social skills and to approach personal and social issues in active, creative and indirect ways in order to bring about new choices and resolutions.

Each section of the book explores a different stage of the journey, with two additional sections of activities created for use with looked-after children and teenagers and those on the autism spectrum. Before the Journey Begins; Preparation for the Journey; Setting Out on the Journey; Dealing with Difficulties & Dangers; Horrors & Help; Finding the Treasure; The Journey Home; Telling My Story; Care on the Journey: Looked-after Children & Teenagers; A Hand of Support: Children & Teenagers on the Autism Spectrum. Resources include worksheets and story-sheets which, along with the activities, are photocopiable and can be printed from the enclosed CD Rom.