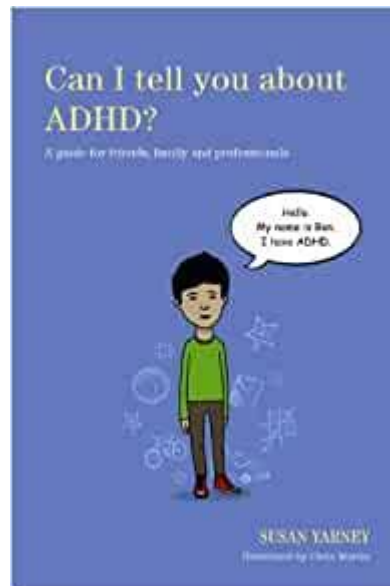




Outreach Resource Library



The Can I tell you about... series offers simple introductions to a range of limiting conditions. Friendly characters invite readers to learn about their experiences of living with a particular condition and how they would like to be helped and supported. These books serve as excellent starting points for family and classroom discussions.

Meet Ben - a young boy with ADHD. Ben invites readers to learn about ADHD from his perspective. He helps children understand what it means to have ADHD and describes what it is and how it feels. Ben explains how he was diagnosed and what he has learnt about ways to relieve his ADHD symptoms, and how friends and adults can help at home and school. This illustrated book is full of useful information and will be an ideal introduction for young people, aged 7 upwards, as well as parents, friends, teachers and professionals working with children with ADHD. It is also an excellent starting point for family and classroom discussions.