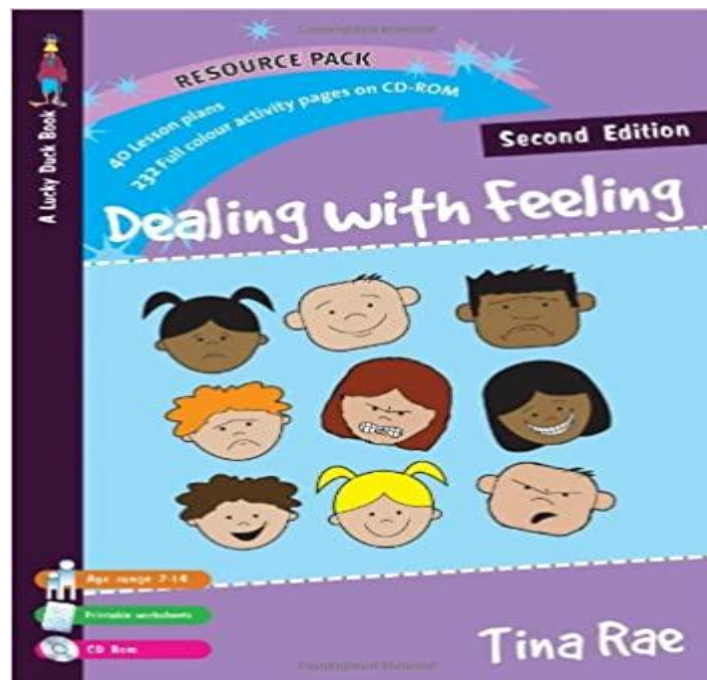




## Outreach Resource Library



This new combined edition of the bestselling *Dealing with Feeling* and *Dealing With More Feeling* provides teachers of children aged 7-14 with structured opportunities to develop their emotional literacy and emotional well-being. It is firmly supported by a wealth of research which links children's mental and physical health to the development of emotional literacy.

In this second edition, Tina Rae emphasises the development of emotional literacy skills and specifically the development of an emotional vocabulary, empathy, tolerance, resilience and motivation. The focus upon managing more complex and uncomfortable feelings is central to the programme and pupils are introduced to a variety of techniques which can be applied across a broad range of contexts.

Included in this exciting resource pack are:

- 40 Lesson plans
- A CD Rom with 236 full-colour activity pages
- Role play activities to develop joint problem solving skills

Packed with teacher-friendly resources, this book clearly fulfils the requirements of the PSHE curriculum and Healthy Schools agenda whilst also complimenting and building upon many of the themes in the SEAL curriculum (Social and Emotional Aspects of Learning).