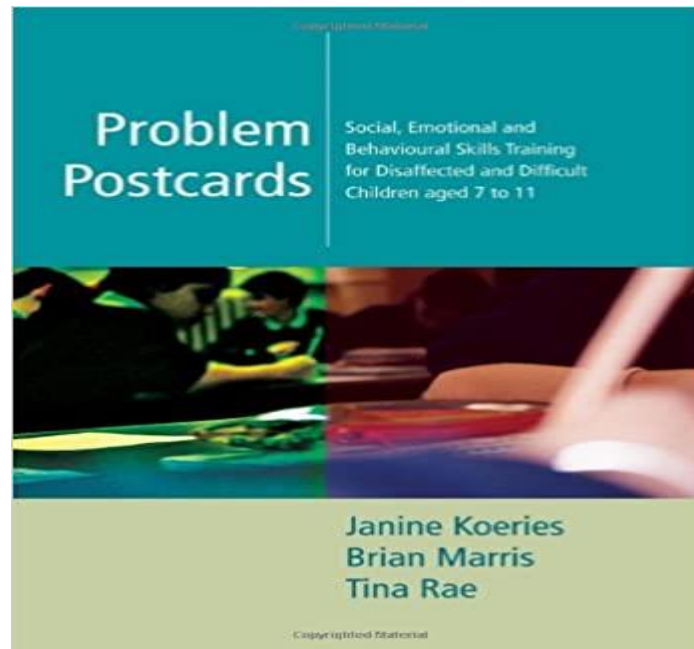




## Outreach Resource Library



This 14-session programme was initially developed for junior age children who had been permanently excluded. It has been adapted to assist young people who are disaffected and difficult, and could be at risk of exclusion.

The format is built around Circle Time activities and solution focused thinking. The theme of each session is a problem postcard from a young person highlighting a problem that will have a relevance to the participants. The participants then try to act as agony aunts to solve the problem, focussing their thinking on how to make things better, proving to them that they do possess the knowledge and the skills and can choose these behaviours.

The resource includes comprehensive facilitator instructions, warm ups, activities, Circle Time questions and worksheets.

The programme can be delivered to groups or whole classes and will:

- improve self-esteem
- develop your Social, Emotional and Behavioural Skills (SEBS) programme.